

# Atlantida Boutique Hotel\*\*\*\*\*

«We understand how people want to live.....»



## Pegas Medical DETOX program

If we really want to remove the accumulated toxins and negative feelings in our body, simply changing our alimentary practices or following special diets is not enough. We have to understand and adapt our entire lifestyle. The Atlantida Boutique Hotel and Donat Mg help you restore your vital energy and cleanse your body, giving your health and youthful vitality.

Do you suffer from allergies and frequent headaches? Are you under stress every day? Do you feel tired for no reason? Do your arms and legs feel heavy? Do you have problems with your liver or gallbladder? Do you suffer from poor digestion? And what about your immune system? Has it weakened? If you are answering yes to any of these questions, try our DETOX program, which is aimed at all those who cannot find the time to eat correctly or listen to their body in their hectic and stressful day-to-day life.

### About the program

Part of the program takes place at the Rogaška Medical Centre. The guests stay at the Atlantida Boutique Hotel. The program is comprehensive and tailored to the needs of the individual, delivering impressive results. During your stay you will be accompanied by a wellness coach who will organise your activities (DETOX treatments, brisk walks, swimming, fitness, etc.) and monitor your diet.

As part of the DETOX program, you will get five wholesome meals a day, together with healthy drinks and herbal teas. You will also get a chance to learn about the principles of a correct diet and a healthy lifestyle.

### PEGAZ-Mg DETOX program (7, 10 or 14 days)

TREATMENTS	Min	7 nights	10 nights	14 nights
Medical consultation by doctor		1	1	1
InBody composition analysis with physiotherapist's consultation		1	1	2
ECG test		1	1	1
Laboratory blood tests		1	1	1
Follow-up medical examination of doctor		-	-	1
Free pass to the mineral water drinking hall (drinking Donat therapeutic water three times a day)		+	+	+
DETOX menu and detoxifying tea between treatments		+	+	+
Presso therapy legs	30	2	4	6
Salt therapy	20	4	7	8
Liver clay wrap	20	2	4	4
Fango wrap for whole body	20	1	1	2
Body peeling with detoxifying algae wrap	30	1	1	2
Lipo-detox massage	70	1	1	2
Reflex foot massage	30	2	2	4
Massage with aromatherapy and heated blanket	90	2	2	2
Food supplement to cleanse the liver		1	1	1
Individual Fitness training	60	1	1	1

The program is not suitable for heart and diabetic patients, pregnant women, children, patients on anticoagulant therapy or cancer patients. It is also not recommended for people in the acute phase of a bowel disease, people with a newly formed gastric or duodenal ulcer or people being treated for any kind of acute infection.

The Atlantida Boutique Hotel \*\*\*\*\* is the luxury hotel with professional and personalised services for people looking to escape day-to-day stress and for those inspired by outstanding hotel architecture with the highest level of prestige and complete privacy.

**The detoxification of your body is the first step towards improving your well-being and restoring your energy, vitality and peace of mind. The Atlantida Boutique Hotel, set in a quiet natural environment with a view of Rogaška Slatina, but close to the Rogaška Medical Centre and the central park, is the ideal place to start this process.**

**PEGAZ-Mg DETOX program with accommodation at the Atlantida Boutique Hotel**

TYPE of ROOMS	m <sup>2</sup>	01.01.2025 – 31.12.2025			
		7 nights	10 nights	14 nights	Add.night
DBL ECONOMY French Window	19	2145	2785	3825	148
SNGL ECONOMY French Window	19	2495	3285	4525	193
DBL SUPERIOR	27	2345	3075	4220	178
SNGL SUPERIOR	27	2695	3575	4920	222
DBL DELUXE	29	2425	3185	4375	189
SNGL DELUXE	29	2775	3685	5075	234
DBL EXCLUSIVE	31	2490	3285	4505	199
SNGL EXCLUSIVE	31	2840	3785	5205	244
FAMILY SUITE 2+1	34	2560	3380	4635	209
SUITE French Window	54	2775	3690	5065	241
SUITE COMFORT / SUPERIOR	45-54	3185	4275	5860	302
SUITE DELUXE	58-67	3905	5300	7265	408
SUITE PRESIDENTIAL	75	4500	6155	8430	496

\* Price is in EUR per person, VAT included. We reserve the right to change the prices and other sales conditions.

**Prices include:**

- 7, 10 or 14 nights in the selected room with five wholesome meals a day, healthy drinks and herbal tea (check-in after 2 p.m., check-out before 11 a.m.); Add.night includes halfboard and drinking course of mineral water Donat;
- DETOX program;
- unlimited use of the hotel’s indoor pool and whirlpool, as well as the use of the Sauna Oasis (classical and panoramic Finnish sauna, and Turkish bath);
- free entrance into the hotel’s fitness studio;
- a bottle of Donat Mg mineral water upon arrival;
- daily selection of fresh fruit in the health corner;
- unlimited WiFi access;
- free entrance to the Fontana Casino (for persons of 18 and above);
- animation program with musical and other themed events;
- welcome drink.

**TOURIST FEE:** adult - € 3 per day; children between 7. and 18. years - € 1,50 per day; disabled persons and children under the age of 7 are exempt from paying the tourist fee. Registration fee - € 2,50 per person once.

All other surcharges are in pricelist 2025

**Galina Tarasova**, Area Sales Manager

**T:** +386 3 6201 608

**Mob.** + 386 40 50 4662 Viber, Whatsapp

**E:** [galina@atlantida-rogaska.com](mailto:galina@atlantida-rogaska.com)